

## The Newsletter of the parishes of



St. Alban at Pelaw



St. Patrick at Felling



Our School

[www.stalbansgateshead.org](http://www.stalbansgateshead.org)

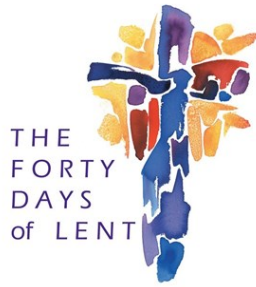
St. Patrick's Presbytery  
9 High Street  
Felling  
Gateshead  
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Tel. No 0191 495 2277

St. Alban's Primary School  
Tel. No 0191 469 3251

4th Sunday of Lent  
19th March, 2023

We need everyone to  
keep Gateshead safe

### Lent at Home



We are striving to reach out to everyone during Lent inviting you to engage in a "Personal Pilgrimage" in your own homes knowing that your fellow parishioners are doing the same.

It is a time to reflect and identify with Christ's forty days of solitude in the wilderness; his personal journey to Jerusalem, then on to his death on the Cross from which he would rise to offer us the gift of the new life of the Resurrection. Our "Personal Pilgrimage" will prepare us to celebrate and enjoy that new life at Easter.

Do try to set aside some extra time each day for prayer and reflection in the "solitude" of your own home or room, knowing that we do so as a parish family and that praying apart can help to bring us together.

You may also like to "Share a Prayer" with other members of the parish, so that although we pray and read in private, we know we share our prayers with one another. Thanks to those who are sending us prayers. If you would like to share a prayer with other parishioners please email your prayers to [adventcafe@icloud.com](mailto:adventcafe@icloud.com) or drop them through the letterbox of St. Patrick's presbytery by Thursday. We will produce our own prayer sheet based on the prayers that you send, which will be published on line and also included as printed copies with the Parish Newsletter in our churches.

**Please let us have your prayers for the 5th Sunday of Lent by Thursday.**

#### Give them something to eat - a thought for Lent

In November, 2013, Pope Francis issued his first proclamation to the Church and the world called the "Joy of the Gospel." In it he set out his vision for a missionary Church, active in the modern world. He wrote: *"My hope is that we will be moved by a fear of remaining shut up within structures which give us a false sense of security, within rules which make us harsh judges, within habits which make us feel safe, while at our door people are starving and Jesus does not tire of saying to us: 'Give them something to eat' (Mk 6:37)."*

Ten years later, how far have we come in making this Church a reality? How many of us still hold on to "structures which give us a false sense of security." If our experience of Covid-19 taught us anything, it was an awareness of our vulnerability as hu-

man beings. Has it taught us to be more compassionate and open? How much more aware are we of the vulnerability of the homeless, the lonely, those who risk their lives and drown in our seas trying only to escape tyranny and look after their families? How loudly do we proclaim that structures which allow these things to exist are wrong?

Ten years on from the proclamation of Pope Francis, the poor and "starving are still at our doors," and Jesus is still saying to us, "give them something to eat."

Fr. Patterson is making slow progress recovering from post Covid systems and is advised to continue to rest as much as possible. He seeks your understanding and patience and is grateful for your prayers and kind wishes.

#### **Diocesan Review - A message from Carol Lawrence, Appointee of Archbishop McMahon**

The investigation commissioned by the Dicastery for Bishops has issued a survey to be completed by parishioners. This is an anonymous survey, all answers are provided in complete confidence, and you are asked to give your own individual views.

The survey will run until Monday 27th March, 2023 and can be accessed at <https://forms.gle/wevQ6zrj1t8SCxNq5> or through the Diocesan website. Please complete the survey only once, even if you hold more than one role in the Diocese. A paper copy of this survey, for those without internet access, is available from the sacristy after Mass.

## Mass Intentions

The following celebrations will take place during the coming week.

Monday: No Mass

**Tuesday: 10.00 Mass in St. Patrick's parish centre:** John Lenehan and Elizabeth Lenehan

Wednesday: No Mass

**Thursday: 10.00 Mass in St. Patrick's parish centre:** Rita Short

Friday: No Mass

**Saturday: 18.00 Mass in St. Alban's Church:** Brian Gilmore

**Sunday: 10.00 Mass in St. Patrick's Church:** For the Intentions of all our parishioners

## Mass to view on line

Mass is live streamed from our Cathedral on a Sunday. Visit the [Cathedral website](#).

Alternatively, you may like to follow Mass from [the Holy Name, Jesmond](#). Visit the website for Mass times this week.

When you are unable to celebrate Mass in Church, you may wish to make this act of spiritual communion:-

*Lord Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.*

## Please keep in your prayers:

- all our parishioners who are sick, housebound or in hospital
- and all those whose memories we cherish at this time especially Ken and Brida Clay, Elizabeth Lenehan and John Lenehan
- and Pat Maddison who has died. May she rest in the peace of the Risen Lord.

## A Lenten Service in your Home

As there has been no response to the suggestion of offering a Lenten Reflection Service by Zoom, it will be laid to rest!

## Stations of the Cross

Sixth Form students from Cardinal Hume School invite parishioners from the parishes in our Partnership to join with them in a celebration of the Stations of the Cross based on "Laudato Si" in St Peter's Church, Low Fell on Wednesday 22nd March at 19.00. Refreshments will be served afterwards.

## The Sacrament of Confirmation

Fr. Patterson will be arranging the celebration of the Sacrament of Confirmation later in the year in St. Patrick's Church.

It will be open to young people from St. Alban's and St. Patrick's who will be in Year 8 and above from September, 2023 and to any adults who may wish to receive the Sacrament. Prospective candidates should be regularly attending Mass and will need to take part in a period of preparation which will be organised in the months ahead. Please keep an eye on the Newsletter for more details. **Those who may be interested, are invited to email the parish office at [felling.stpatrick@rcdhn.org.uk](mailto:felling.stpatrick@rcdhn.org.uk).**

## Lenten Alms Appeal

The Appeal this year will help St. Cuthbert's Care raise funds to purchase a small vehicle to be used across their two nursing homes. If you wish to support this appeal, please place your donation in an envelope marked "Lenten Alms" and place it in one of the collection boxes at the entrance to our churches.

## The details required to make your weekly offering by Standing Order are:-

For St. Alban's: Account name: DHN Pelaw St Alban: Sort code: 40-34-18 Account No: 92010984  
For St. Patrick's: Account name: DHN Felling St Patrick: Sort code: 40-34-18 Account No: 52010453

## News from our School

The children in Year 5 will invite their parents and families for a prayer service in the school hall at 14.30 on Friday to help us continue our Lenten journey together. They will reflect on the story of Lazarus from Sunday's Gospel.