The Newsletter of the parishes of



St. Alban at Pelaw



St. Patrick at Felling



Our School www.stalbansgateshead.org

St. Patrick's Presbytery 9 High Street Felling Gateshead NEIO 9LT Tel. No 0191 495 2277

St. Alban's Primary School Tel. No *0191 469 3251*

3rd Sunday of Lent 12th March, 2023

We need everyone to keep Gateshead safe

Lent at Home



We are striving to reach out to everyone during Lent inviting you to engage in a "Personal Pilgrimage" in your own homes knowing that your fellow parishioners are doing the same.

It is a time to reflect and identify with Christ's forty days of solitude in the wilderness; his personal journey to Jerusalem, then on to his death on the Cross from which he would rise to offer us the gift of the new life of the Resurrection. Our "Personal Pilgrimage" will prepare us to celebrate and enjoy that new life at Easter.

Do try to set aside some extra time each day for prayer and reflection in the "solitude" of your own home or room, knowing that we do so as a parish family and that praying apart can help to bring us together.

You may also like to "Share a Prayer" with other members of the parish, so that although we pray and read in private, we know we share our prayers with one another. Thanks to those who are sending us prayers. If you would like to share a prayer with other parishioners please email your prayers to adventcafe@icloud.com or drop them through the letterbox of St. Patrick's presbytery by Thursday. We will produce our own prayer sheet based on the prayers that you send, which will be published on line and also included as printed copies with the Parish Newsletter in our churches.

Please let us have your prayers for the 4th Sunday of Lent by Thursday.

With God all things are possible - a thought for Lent

St Paul speaks of the three virtues of faith, hope and love, with the greatest being love; but it becomes clear that without faith there can be no genuine hope, and without these two there can be no lasting love. We are invited by God to have hope in his saving grace even when we don't feel it is within our reach.

Both Moses and the Samaritan woman in the readings at Mass this weekend became leaders when they learned that God's power overcomes our fragility. When we engage in an intimate relationship with Jesus, nothing can separate us from God's love.

On our own we are powerless. With God, all things are possible, and even our poor efforts can make a difference to how the world is and will be.

Fr. Patterson is still laid low from post Covid symptoms and has been advised to continue to rest as much as possible for the time being. He asks for your understanding and patience and continues to be grateful for your prayers and kind wishes.

The Sacrament of Confirmation

Fr. Patterson will be arranging the celebration of the Sacrament of Confirmation later in the year in St. Patrick's Church.

It will be open to young people from St. Alban's and St. Patrick's who will be in Year 8 and above from September, 2023 and to any adults who may wish to receive the Sacrament. Prospective candidates should be regularly attending Mass and will need to take part in a period of preparation which will be organised in the months ahead. Please keep an eye on the Newsletter for more details. **Those who may be interested, are invited to email the parish office at felling.stpatrick@rcdhn.org.uk.**

The details required to make your weekly offering by Standing Order are:-

For St. Alban's: Account name: DHN Pelaw St Alban: Sort code: 40-34-18 Account No: 92010984 For St. Patrick's: Account name: DHN Felling St Patrick: Sort code: 40-34-18 Account No: 52010453

Mass Intentions

The following celebrations will take place during the coming week.

Monday: No Mass

Tuesday: 10.00 Mass in St. Patrick's parish centre: Elizabeth Pearson

Wednesday: No Mass Thursday: No Mass

Friday: 18.00 Mass in St. Patrick's parish centre: Carol Belton

Saturday: 18.00 Mass in St. Alban's Church: For the Intentions of all our parishioners

Sunday: 10.00 Mass in St. Patrick's Church: Ken and Brida Clay

The Feast of St. Patrick

Mass will be celebrated on Friday, 17th March in St. Patrick's parish centre at 18.00 to provide an opportunity for as many parishioners as possible, especially those who work during the day, to attend. It is hoped to offer refreshments after Mass.

Mass to view on line

Mass is live streamed from our Cathedral on a Sunday. Visit the Cathedral website.

Alternatively, you may like to follow Mass from the Holy Name, Jesmond. Visit the website for Mass times this week.

When you are unable to celebrate Mass in Church, you may wish to make this act of spiritual communion:-

Lord Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

Please keep in your prayers:

- all our parishioners who are sick, housebound or in hospital
- and all those whose memories we cherish at this time especially Ken and Brida Clay, Elizabeth Lenehan and John Lenehan
- and Pat Maddison who has died. May she rest in the peace of the Risen Lord.

A Lenten Service in your Home

In keeping with our "Lent at Home" and "Share a Prayer" programme, Fr. Patterson would like to explore the possibility of offering one or two Lenten Reflections by Zoom for those who find it difficult to come to Church. These services, lasting approximately 30 minutes, could be offered during the course of an afternoon or in the evening. To be able to take part you would need to have access to the internet.

If this is something you would be interested in, please email the parish office at felling.stpatrick@rcdhn.org.uk during the course of the coming week to enable us to decide if it is an idea worth pursuing. Please indicated your preference for afternoon or evening.

It is also hoped to be able to offer a Lenten Service in St. Patrick's parish centre later in Lent.

Diocesan Review - A message from Carol Lawrence, Appointee of Archbishop McMahon

The investigation commissioned by the Dicastery for Bishops has issued a survey to be completed by parishioners. This is an anonymous survey, all answers are provided in complete confidence, and you are asked to give your own individual views.

The survey will run until Monday 27th March, 2023 and can be accessed at https://forms.gle/wevQ6zrj1t8SCxNq5 or through the Diocesan website. Please complete the survey only once, even if you hold more than one role in the Diocese.

News from our School

For a little treat before Mothering Sunday, all are invited to an 'I love you café' in the school hall on Friday 17th March from 9.00.

The children in Year 4 are inviting their parents and families for a prayer service in the school hall at 14.30 on Friday afternoon.