

The Newsletter of the parishes of



St. Alban at Pelaw



St. Patrick at Felling



Our School

www.stalbansgateshead.org

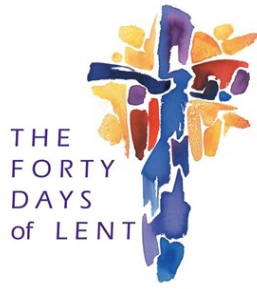
St. Patrick's Presbytery
9 High Street
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Gateshead
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Tel. No 0191 495 2271

St. Alban's Primary School
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2nd Sunday of Lent
5th March, 2023

We need everyone to
keep Gateshead safe

Lent at Home



We are striving to reach out to everyone during Lent inviting you to engage in a "Personal Pilgrimage" in your own homes knowing that your fellow parishioners are doing the same.

It is a time to reflect and identify with Christ's forty days of solitude in the wilderness; his personal journey to Jerusalem, then on to his death on the Cross from which he would rise to offer us the gift of the new life of the Resurrection. Our "Personal Pilgrimage" will prepare us to celebrate and enjoy that new life at Easter.

Do try to set aside some extra time each day for prayer and reflection in the "solitude" of your own home or room, knowing that we do so as a parish family and that praying apart can help to bring us together.

You may also like to "Share a Prayer" with other members of the parish, so that although we pray and read in private, we know we share our prayers with one another. Thanks to those who are sending us prayers. If you would like to share a prayer with other parishioners please email your prayers to adventcafe@icloud.com or drop them through the letterbox of St. Patrick's presbytery by Thursday. We will produce our own prayer sheet based on the prayers that you send, which will be published on line and also included as printed copies with the Parish Newsletter in our churches.

Please let us have your prayers for the 3rd Sunday of Lent by Thursday.

Who do you trust? - a thought for Lent

Sometimes even good things that happen to us can cause us to be fearful. We might be glad to have a new job, but worry that we might not be up to it. Parents are delighted to be expecting a baby, but nervous about the responsibilities. Even something beautiful can be overwhelming: the emotions we experience can be almost too much to bear. People climbing a mountain might experience such emotions; edging upwards on difficult terrain is something they want to do, yet it can be worrying too - they might slip and fall. And then, when they reach the top, the spectacular view evokes all kinds of powerful emotions.

Many of these experiences are about trust: do we trust ourselves to take on something and do it well? Do we trust those who have chosen us? Do we trust in God?

Whilst no longer testing positive for Covid, Fr. Patterson continues to suffer from post Covid symptoms and has been advised to rest as much as possible for the time being. He asks for your understanding and patience and continues to be grateful for your prayers and kind wishes.

The Sacrament of Confirmation

Fr. Patterson will be arranging the celebration of the Sacrament of Confirmation later in the year in St. Patrick's Church.

It will be open to young people from St. Alban's and St. Patrick's who will be in Year 8 and above from September, 2023 and to any adults who may wish to receive the Sacrament. Prospective candidates should be regularly attending Mass and will need to take part in a period of preparation which will be organised in the months ahead. Please keep an eye on the Newsletter for more details. **Those who may be interested, are invited to email the parish office at felling.stpatrick@rcdhn.org.uk.**

Azad Hasan, Refugee Project Co-ordinator writes:

"I am writing to thank you for your incredible support to the Justice and Peace Refugee Project. We are so grateful to receive loads of food and toiletries you have collected as part of your parish social evening. We are supporting and welcoming the most destitute clients at the project. Your support makes such a difference and I would like to share the gratitude that is expressed by so many of our clients for the service we are able to provide. Kind regards. Azad

Mass Intentions

The following celebrations will take place during the coming week.

Monday: No Mass

Tuesday: 10.00 Mass in St. Patrick's parish centre: George Armstrong

Wednesday: No Mass

Thursday: 10.00 Mass in St. Patrick's parish centre: Manus McDermott

Friday: No Mass

Saturday: 18.00 Mass in St. Alban's Church: Andrew Sloan

Sunday: 10.00 Mass in St. Patrick's Church: For the Intentions of all our parishioners

Mass to view on line

Mass is live streamed from our Cathedral on a Sunday. Visit the [Cathedral website](#).

Alternatively, you may like to follow Mass from [the Holy Name, Jesmond](#). Visit the website for Mass times this week.

When you are unable to celebrate Mass in Church, you may wish to make this act of spiritual communion:-

Lord Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.

Please keep in your prayers:

- all our parishioners who are sick, housebound or in hospital
- and all those whose memories we cherish at this time especially Bill Harland, Joan Makepeace, Manus McDermott and Andrew Sloan

A Prayer for those who are ill and for those who care for them

Merciful God, we entrust to your loving care those who are ill or in pain. Comfort and heal them, and restore them to full health and strength. Grant perseverance and resilience to all who are caring for the sick, empower them with your Spirit, so that through their care many will be restored to health; through Jesus Christ our Lord. Amen

Bishop Barron's Sunday Sermons

Each week Bishop Barron offers a Sunday sermon which may be accessed [here](#)

Lenten Booklet of Reflections

The Diocesan Vicariate for Faith & Mission has produced the first booklet of Lenten reflections for this year. The reflections have been contributed by a range of clergy, religious and lay people to express the richness and variety of our Diocesan community. Unfortunately the booklet is only available online and can be accessed by clicking [here](#).

A Lenten Service in your Home

In keeping with our "Lent at Home" and "Share a Prayer" programme, Fr. Patterson would like to explore the possibility of offering one or two Lenten Reflections by Zoom for those who find it difficult to come to Church. These services, lasting approximately 30 minutes, could be offered during the course of an afternoon or in the evening. To be able to take part you would need to have access to the internet.

If this is something you would be interested in, please email the parish office at felling.stpatrick@rcdhn.org.uk during the course of the coming week to enable us to decide if it is an idea worth pursuing. Please indicated your preference for afternoon or evening.

It is also hoped to be able to offer a Lenten Service in St. Patrick's parish centre later in Lent.

News from our School

During the coming week, the Bishop Wilkinson Catholic Education Trust will be shortlisting applicants who have applied for the post of Headteacher of our school from September, 2023.

Year 2 children began our Lenten Journey in school last week, reflecting on the Sunday Gospel. This week, the children in Year 3 are inviting their parents and families for a prayer service in the school hall at 2.30pm on Friday afternoon.

One of our Year 4 pupils has asked us to mark World Kidney Day because of the support she had as a baby. We will be wearing purple to raise funds and awareness on Thursday 9th March